

DARWIN SWIMMING CLUB INC



Smoking Management Policy

Parap Swimming Pool
77 Ross Smith Avenue, Parap NT 0820

Purpose

This policy outlines our procedures for tobacco and e-cigarette use at special events, functions and other club-related activities. It represents our Club's commitment to its members, volunteers and visitors, acknowledging the role that sporting clubs and associations play in building strong and healthy communities.

This policy will help to ensure our Club:

- Meets its duty of care in relation to the health and safety of our members, volunteers and visitors who attend special events, functions and other activities.
- Upholds the reputation of our Club, our sponsors and partners.
- Understands the risks associated with tobacco use and our role in minimising this risk.

Rationale

Darwin Swimming Club recognises that:

- Smoking negatively impacts lung operation and hence swimming performance.
- Environmental (second-hand) tobacco smoke is a health hazard and non-smokers should be protected from it.
- Role modelling can have a significant impact on junior members of our Club.
- Smoke free areas make smoking less visible and less acceptable, and contribute to reduced uptake of smoking among young people.
- Smoke free areas support smokers who are trying to quit as well as reduce their overall cigarette consumption.

- Outdoor smoke free areas help to reduce the amount of cigarette butt litter reducing clean-up costs, fire risk and children's health risk due to swallowing discarded butts.

General principles

Smoking is not permitted within public swimming pools in the Northern Territory, including at Parap Swimming Pool. Our club will comply with all relevant state and local government smoking restrictions.

Our Club recognises the importance of educating members, particularly swimmers, of the benefits of implementing a smoking management policy and will provide information to assist this process. In addition, the club will promote resources for members wishing to quit, including the national Quitline (13 78 48, quitnow.gov.au), where appropriate.

The following policy shall apply to all club members, volunteers and visitors:

- Smoking in this policy includes the use of any form of e-cigarette device.
- Many young people hold parents, teammates and coaches in high esteem and smoking around them sends the message that smoking is okay. Therefore we expect that coaches, swimmers, officials and volunteers will refrain from smoking while involved in an official capacity for the club, including in areas proximate to the entrance of a public swimming pool.

Promoting this policy

Our Club will:

- Placing a copy of the policy in club newsletters, printed member information and on the website.
- Promoting positive smoke free messages through the club's social media and direct to members.

Policy review

This policy will be reviewed annually to ensure it remains relevant to operations and reflects both community expectations and legal requirements.

L.Reader

Lee-Ann Reader
President

9 December 2023