

# DARWIN SWIMMING CLUB INC



## Safe Transport Policy

**Parap Swimming Pool**  
77 Ross Smith Avenue, Parap NT 0820

### **Purpose**

This policy outlines our procedures for safe transport after special events, functions and other club-related activities where alcohol may be consumed. It represents our Club's commitment to its members, volunteers and visitors, acknowledging the role that sporting clubs and associations play in building strong and healthy communities.

This policy will help to ensure our Club:

- Meets its duty of care in relation to the health and safety of our members, volunteers and visitors who attend any special events, functions and other activities.
- Upholds the reputation of our Club, our sponsors and partners.
- Understands the risks associated with alcohol use and driving, and our role in minimising risk.
- Educates our members about standard drinks.

### **Rationale**

Ensuring members, visitors and guests getting to and from club activities and events safely is an important part of being a responsible, healthy club.

While Darwin Swimming Club wishes to avoid members becoming intoxicated and notes the recommendation by the National Health and Medical Research Council to consume no more than four drinks in one sitting, as part of our Club's duty of care we encourage our members to plan safe transport home. This will reduce the risk of drink-driving, injury or worse.

Alcohol and drugs affect pedestrians and drivers' abilities to stay safe. They affect decision-making, reaction times, speed and distance judgements, concentration, balance, perception and alertness. It can also increase risk-taking behaviour by giving a pedestrian or driver a false sense of confidence.

Sporting clubs such as ours help prevent drink driving related tragedies in the community by improving safety around transport and minimising the risk of developing a drinking culture.

### **General principles**

Our Club recognises that:

- Drink driving is one of the main causes of road deaths in Australia.
- Driving when over the legal blood alcohol limit is illegal and hazardous to individuals and the wider community.
- Mixing drugs (including prescription medication) with other drugs or alcohol can seriously affect the ability to drive safely.

### **Transport for Club activities**

This safe transport policy applies for all activities undertaken by the Club that involve the serving and/or consumption of alcohol.

Our Club will:

- Promote strategies that encourage members to plan how they'll get home safely before they go out e.g. pre-arranged transport.
- Print safe transport messages on relevant Club activity and event invitations or flyers.
- Ensure the MC for events or club committee members advise attendees that the club is a Good Sports accredited club, communicate the safe transport options and regularly remind attendees to behave responsibly around alcohol.
- Ensure telephone calls can be made free of charge to call a sober person to provide transport from the venue.

### **Conduct expectations**

Whilst engaging in club activities, members, volunteers and visitors will:

- Accept responsibility for their own behaviour, use good judgment and take a responsible approach towards alcohol consumption.
- Encourage and assist others to use good judgment regarding alcohol consumption.
- Make alternative transport arrangements to get to and from the activity safely.
- Share a taxi or ride share (where available) with friends.
- Consider arranging overnight accommodation.

## **Promoting this policy**

Our Club will:

- Educate members, volunteers and guests about our policy and the benefits of having such a policy.
- Implement strategies to create awareness of safe transport messages to members.
- Ensure this policy is easily accessible and will promote it via website, newsletters, social media, announcements during events and functions.

## **Policy review**

This policy will be reviewed annually to ensure it remains relevant to operations and reflects both community expectations and legal requirements.

*L.Reader*

Lee-Ann Reader  
President

9 December 2023